

OUR POOL

Chartiers Valley is home to one of the premier facilities in the Pittsburgh area. It can be configured as one 6 Lane x 50 Meter Pool or two 6 Lane x 25 Yard Pools. This allows for flexibility in aquatic programming and what we are able to offer the community!



The pool is conveniently located right off I-79 at:
50 Thoms Run Rd. Pittsburgh, PA 15017.

Information on all our aquatic programs
can be found on our website:

www.cvaquatics.com

If you have specific questions, please
email us at:

aquatics@cvsd.net.

Aquatic Programs



Chartiers Valley SD

www.cvaquatics.com

SWIM CLUB

Pittsburgh Elite Aquatics is a year round USA Swimming team that trains primarily out of Chartiers Valley High School. Scott Township Community Pool and Upper St. Clair are also used throughout the year at different times. PEAQ offers a wide variety of groups for all ages and abilities so be sure to check us out:



2018-2019 TRAINING GROUPS

SEASONAL GROUPS

	AGE RANGE	SWIM PRACTICES	DRYLAND PRACTICES	SEASON
AG Beginner	10 & Under	3	0	Oct-Mar
Junior Varsity	11-14	4	0	Oct-Mar
Varsity	HS	7	2	Sept-Nov & Mar-July

YEAR ROUND GROUPS

	AGE RANGE	SWIM PRACTICES	DRYLAND PRACTICES	SEASON
Age Group 1	Based on Age and Ability Level	5	2	Sept-July
Age Group 2		5	2	Sept-July
Age Group 3		6	2	Sept-July
Age Group 4		6	2	Sept-July
Junior		7	3	Sept-July
Senior	HS	7	3	Sept-July
National	HS	8	3	Sept-July

Visit us at: www.peaqpgh.org for more info!

SWIM LESSONS

Small group lessons for ages 3-12 are run at CVHS from September-May. Each session consists of 8 lessons (2 per week for 4 weeks). The program uses a group learning setting in order to develop beginning swimmers' skills as they progress through the defined five levels of the program.

The two time slots available each session are:

- **EARLY:** Tuesday @ 6:00PM & Saturday @ 10:30AM
- **LATE:** Tuesday @ 6:40PM & Saturday @ 11:10AM

MASTERS TEAM

CV Masters are a USMS registered team with workouts offered for swimmers of all ages and ability levels. Practices typically run M/W/F mornings from 5:30-7:00AM.

OPEN SWIM

Come swim for fun or fitness at CV Open Swim! Lap lanes and open areas are available on M/W/F evenings from 7:00-8:30PM. Cost is \$2.00 for Adults and \$1.00 for kids!

Interested in having a pool party at CV? For \$75.00, 1/2 of the pool can be rented from 7:00-8:30PM!

WATER AEROBICS

Water Aerobics classes will be run on Monday and/or Wednesday evenings from 7:30-8:30PM. More details to come, but cost will be \$8.00 per class.

WATER POLO

Water polo practice for 6th-12th graders will be offered on Tuesday nights from 7:30-9:00PM. No prior experience is necessary!