

Chartiers Valley High School

Student/Parent Athletic Handbook

PURPOSE OF THE STUDENT ATHLETIC HANDBOOK

The purpose of the Chartiers Valley Student Athletic Handbook is to provide both the parents and the student athlete with information regarding the high school athletic program. There are certain rules and regulations the School District has implemented and there are rules that are established by the Pennsylvania Interscholastic Athletic Association that must be followed by all the student athletes. Chartiers Valley Athletic Department wants to make both the student athlete and the parent or guardian aware of these rules and regulations and to make them aware of other facets of the District Interscholastic Athletic Program.

PHILOSOPHY OF INTERSCHOLASTIC ATHLETICS

It is the philosophy of the Chartiers Valley School District that a competitive athletic program be provided and that the primary goal will be broad participation by as many boys and girls as possible. It is desirable that teams compete on an even basis with other schools, but never at the sacrifice of sportsmanship, academic priority, or general welfare of the school and students.

With the philosophy of the Chartiers Valley Schools dedicated to providing an educational program for all children of the community, it is the belief of the professional staff that a carefully regulated program of interscholastic athletics should be maintained as an integral part of our total secondary school program. In developing an instructional program to meet the many and varied needs of the secondary school adolescent, care must be given to the inclusion of challenging activities for the physically as well as intellectually talented pupil.

Athletics must be for all boys and girls who are physically able to participate. The athletic program should be educational and should contain desirable learning experiences. Athletics must fit harmoniously in the overall educational program and shall be controlled by established school authorities, both local and state.

The contribution through participation in athletics should promote: health and happiness, development of physical skills, emotional maturity, social competence, moral values, a sense of cooperation, a spirit of competition, self discipline, and an understanding of the democratic process, and a realization of the value of group goals.

Athletic contests should always be played with emphasis on fun, physical development, skills, social experiences and good sportsmanship.

MEMBERSHIP

Pennsylvania Interscholastic Athletic Association (PIAA)

Chartiers Valley is a voluntary member of the PIAA. As a member school, Chartiers Valley agrees to abide by and enforce all the rules and regulations of the PIAA.

The primary role of the PIAA is to maintain rules and regulations that ensure equity in competition for the student athletes and a balance with other educational programs.

Western Pennsylvania Interscholastic Athletic Association (WPIAL)

Chartiers Valley is a voluntary member of the WPIAL. The league was established to encourage member schools to improve the co-curricular program in athletics. By being a member of the WPIAL, Chartiers Valley agrees to comply with the schedules and the rules and regulations set forth by the league.

CHARTIERS VALLEY HIGH SCHOOL
INTERSCHOLASTIC ATHLETIC PROGRAM

Fall Sports

Cross Country (Boys)
- Varsity
Cross Country (Girls)
- Varsity
Football
- Varsity
- Jr. Varsity
- Jr. High
Golf (Coed)
- Varsity
- Jr. Varsity
Soccer (Boys)
- Varsity
- Jr. Varsity
- Jr. High
Soccer (Girls)
- Varsity
- Jr. Varsity
Tennis (Girls)
- Varsity
- Jr. Varsity
Volleyball (Girls)
- Varsity
- Jr. Varsity

Winter Sports

Basketball (Boys)
- Varsity
- Jr. Varsity
- Jr. High
Basketball (Girls)
- Varsity
- Jr. Varsity
- Jr. High
Indoor Track (Boys)
- Varsity
Indoor Track (Girls)
- Varsity
Swimming (Boys)
- Varsity
Swimming (Girls)
- Varsity
Wrestling
- Varsity
- Jr. Varsity
- Jr. High

Spring Sports

Baseball (Boys)
- Varsity
- Jr. Varsity
- Jr. High
Softball (Girls)
- Varsity
- Jr. Varsity
Tennis (Boys)
- Varsity
- Jr. Varsity
Track (Boys)
- Varsity
Track (Girls)
- Varsity
Lacrosse (Boys)
- Varsity
- Jr. Varsity
- Modified
Lacrosse (Girls)
- Varsity
- Jr. Varsity

Cheerleading – Participation is during the fall and winter sport seasons. Try-outs are held in the spring.

The following are offered as club sports:

- Bowling
- Ice Hockey

AWARDS

The Chartiers Valley Athletic Department has an award system that will be followed in all sports.

Awards:

First, Second and Third Year Participation Certificate- Given to the athlete if they do not letter in the sport.

First Year Letter-Athlete receives a gold certificate. Chenille letter is given along with sport insert and participation bar.

Second Year Letter-Athlete receives a silver certificate along with a participation bar and a second year letter patch.

Third Year Letter-Athlete receives third year plaque along with a participation bar.

Fourth Year Letter-Athlete receives fourth year plaque along with a participation bar.

BASIC RULES THAT APPLY TO ALL PROSPECTIVE ATHLETIC LETTER AND PARTICIPATION AWARD CANDIDATES.

1. An athlete must display sportsmanship and conduct which exemplifies the school to his/her opponents, teammates and officials.
2. An athlete must conform to all participation and training rules established by the School District and the head coach for that given sport.
3. An athlete must have conformed to practice and game regulations as established by the coach in that sport.
4. The athlete must complete the season, including individual and post season competition.
5. The athlete must have returned all the equipment issued to him to the satisfaction of the Head Coach and Athletic Director.
6. Letters are only issued to a participant in a varsity sport.
7. All seniors that have remained on the team a minimum of two completed seasons will receive a varsity letter.
8. Coach's discretion can be used to letter an athlete based on the following three attributes:
 - a) Positive contribution to the team.
 - b) An athlete demonstrates good sportsmanship and a supportive attitude.
 - c) An injured player would have lettered if the injury had not occurred

*These are the minimum requirements for each sport. The head coach of each sport can establish stricter requirements. **The head coach will notify the student athletes the requirements to letter before the start of the regular season.**

Minimum Criteria For Other Participants

Cheerleaders-

Junior varsity cheerleaders will receive a participation certificate if they have participated in the fall and winter sports seasons and have finished the winter season in good standing.

Varsity cheerleaders will receive a chenille letter if they have participated in the fall and winter sports seasons and have finished the winter season in good standing.

Managers-

Managers will receive a letter **only in a varsity sport**.

A manager will receive a letter if in the opinion of the head coach the manager made a significant contribution to the program.

If the manager does not letter they will receive a certificate.

Statisticians-

Statisticians will receive participation certificates the first year.

The second year they are eligible to letter if in the opinion of the coach they have made a contribution to the program.

If a statistician does not letter they will receive a participation certificate.

Student Trainers-

Student trainers can letter if in the opinion of the athletic trainer they have put in the required time that was set up by the trainer at the beginning of the season.

If a student trainer does not letter they will receive a certificate.

SPECIAL AWARDS

The Chartiers Valley Athletic Department gives three special awards to student athletes:

Three Sport Athletic Award- Given to any student who participates in three sports during the school year.

Scholar Athlete Award- Given to any student who participated in a sport, completed that sport and that has received a 3.85 QPA at the end of the grading period that coincides with the sport they participated in.

Lettermen Wall of Fame- Any senior athlete who has received **6 or more varsity letters** in their high school career will become a member of the CV Letterman Wall of Fame.

Letter Jacket

All letter jackets will be purchased by the athlete through the *Chartiers Valley Varsity Club*. The Athletic Director will notify the varsity club advisor who is eligible to receive a jacket.

Athletic Award Policy for WPIAL/PIAA Champions

1. The School District will purchase an award for any student athlete or athletes who win either a WPIAL or PIAA individual championship or team championship.
2. The student athlete or athletes will determine the award they would like to receive. The awards must come from the list of PIAA approved awards. If there were more than one person from a team that is eligible for an award, they will decide as a group, the award they would like to receive. All members of a team must receive the same award. However, during a season, one team that wins a championship may want rings, while another team that also wins a championship may want jackets. This is acceptable.
3. The School District will pay a maximum of \$75.00 per athlete for an award for a team or individual that wins a WPIAL championship. The District will pay a maximum of \$100.00 per athlete for an award for a team or individual that wins a PIAA championship.
4. If the cost of the award exceeds the District contribution, the booster club or the parents must approve the purchase of the award. The booster club and/or the parents of the student athletes will pay the difference between the cost of the award and the District contribution.
5. The District will pay for only one award per athlete, per season. If the athlete or athletes chose an award that does not equal the District contribution, the District will not pay for any additional award.
6. If an athlete or athletes win both the WPIAL and PIAA championships, the District will only contribute the \$100.00 for the PIAA championship.
7. The procedure for ordering and payment for the awards will be determined by the School District. No awards will be purchased without prior approval of the Athletic Director.

COACH - PARENT COMMUNICATION

Coaches are responsible for communicating information regarding the athletic program to parents. Parents are responsible for understanding the athletic program's rules, regulations and requirements and the coach's expectations.

Communication/information coaches should provide to parents:

- Philosophy of the program squad selection.
- Coach's expectations of players.
- Locations and times of practices and contests.
- Team requirements, i.e. fees, special equipment, off-season conditioning, etc.
- Safety measures that are being taken to insure player safety.
- Procedures concerning player injuries.
- Team rules and guidelines.

- Lettering requirements.
- Disciplinary procedures.
- Information regarding procedures to contact coaches.

Communication/information parents should provide to coaches:

- Notification of any schedule conflicts well in advance.
- Specific concerns in regard to the coach's philosophy and/or expectations.
- Information regarding student injuries and any medical condition.

Appropriate concerns for parents to discuss with coaches:

- Treatment of their child.
- Ways to help their child improve.
- Concerns about their child's behavior.

Issues not appropriate to discuss with coaches:

- Team strategy.
- Play calling.
- Other student athletes.

Procedures for discussing parental concerns:

- Parents should not confront coaches or engage in discussions with coaches, either in person or via telephone, immediately before or after a practice or on a game day. Discussions during times of high emotion do not promote resolution of issues.
- Parents may discuss concerns with coaches via the telephone or request a meeting.
- If a parent meeting is desired, the parent should call the coach to schedule an appointment in advance.
- If the coach cannot be reached, the Athletic Director should be contacted to schedule the meeting.
- If the meeting with the coach does not provide a satisfactory resolution, the parent may schedule an appointment with the Athletic Director to discuss the situation.
- Coaches may also schedule a meeting with the Athletic Director to discuss issues with parents.
- If the situation is still unresolved, additional meetings with appropriate administrators may be scheduled.

CONDUCT OF ATHLETES

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the athletic department. The community, school administrators and the coaching staff feel very strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and transcends any other consideration.

All students in the Chartiers Valley Athletic Program shall abide by a Code of Conduct, which will earn them the honor and respect that participation and competition in the interscholastic program affords. All students of the Chartiers Valley School District should be fully aware that participating in the athletic program is a privilege, not a right. Any conduct that results in dishonor to the athlete, the team or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality or violations of the law, tarnish the reputation of everyone associated with the athletic program and will not be tolerated.

When serious violations of the Code of Conduct occur, the Chartiers Valley School District will determine the penalty according to the degree of the infraction. Violations of the Code of Conduct may result in the temporary or permanent loss of participation in the Athletic Program.

DRUG/ALCOHOL POLICY

In accordance with the Chartiers Valley School District's Drug/Alcohol Policy a student that possesses, uses or is under the influence of alcohol, drugs, narcotics, mood altering substances or other substances during school hours, school functions or on school property is subject to discipline and rehabilitation. As part of this policy, a student athlete will be **excluded** from extracurricular activities, which will include all athletic contests and practices, for a **minimum of forty-five (45) school days from the date of the violation.** The head coach in accordance with his or her rules and policies can take additional disciplinary action.

The complete Drug/Alcohol Policy can be found in the Chartiers Valley Student Handbook.

ELIGIBILITY

All students of the Chartiers Valley School District who participate in interscholastic athletics must adhere to the Pennsylvania Interscholastic Athletic Association eligibility rules for student athletics. If a student fails to comply with PIAA rules, they will lose their eligibility to represent their school in interscholastic athletics. If a student participates while ineligible, the school and/or the team will be penalized.

Listed below are the major eligibility requirements a student must meet in order to be eligible to participate in interscholastic athletics. This **does not** list every rule and every detail. If a student athlete has any questions concerning their athletic eligibility, they should see the Athletic Director or the Principal.

Age-

A student may not have reached the age of 19 before July 1 immediately preceding the school year to be eligible to compete on a Varsity/Jr. Varsity team. A student may not reach the age of 16 before July 1 immediately preceding the school year to be eligible to compete in a Junior High Program.

Amateur Status and Awards-

To be eligible to participate in a sport, a student athlete must be an amateur in the sport. They will lose their amateur status in a sport for at least a year if:

1. The student, the school, or an organization which they represent, or their parent or guardian, receives money or property for or related to their athletic ability, performance, participation, or services.
2. A student accepts compensation for teaching, training or coaching in a sport. A student may receive normal and customary compensation for acting as an instructor in or officiating recreational activities, or for serving as a lifeguard at swimming areas.

A student may receive awards only from their school, the sponsor of an athletic event, the news media, or a non-profit service organization approved by their school principal. Permissible awards are a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, which must bear appropriate organizational insignia or comparable identification.

Attendance-

Student must be regularly enrolled in the Chartiers Valley School District and must be a full time student. A student is only eligible at the school in which they are enrolled.

*Any student who is absent **20 or more days during a semester** will lose their eligibility until they have been in attendance 45 school days following the 20th day of absence.

Consent of Parent or Guardian-

A parent or guardian must sign a certificate consenting the student to participate in a sport.

Period of Participation-

A student cannot participate in interscholastic athletics if:

- They have reached the end of their forth consecutive year beyond the eighth grade. If a student repeats a grade after eighth, they will be ineligible as a senior.
- Participated in six seasons beyond the sixth grade or four seasons beyond the eighth grade.
- Completed grades nine, ten, eleven and twelve, inclusive.
- A student may participate in only **one season** in each sport during each school year.

Physical Examination-

Before a student participates in a sport, a physical signed by the parent and the doctor must be turned in. (See information on physicals.)

Academics-

In order to participate, a student must not fail more than 1 full credit class during the previous grading period. Eligibility for the first grading period is based on the final grades for the preceding school year. If a student fails to meet these requirements, they will lose eligibility for the first 15 school days of the next grading period.

All students will be put on a weekly Athletic Eligibility list. The weekly Athletic Eligibility list will be emailed to all faculty members every Thursday and teachers must return the Athletic Eligibility list by 10:00 a.m. Friday.

Their grades will be checked weekly and if a student is failing two (2) or more full credit courses they will be ineligible for one week and will have to follow the steps listed below. If a student is failing one (1) full credit class, they must follow the steps listed below:

High School Steps:

Step 1 Any student that appears on the eligibility list with a failing grade in a full credit course, will be placed on WARNING Status and would be required to seek academic assistance in the failing subject area.

Step 2 Any student that appears on the eligibility list with a failing grade in a full credit course, must attend two (2) days of 3 to 5 After School Tutoring Program the following week.

Step 3 If a student appears on the eligibility list for two (2) consecutive weeks in the same subject area, they must attend three (3) days of 3 to 5 After School Tutoring Program AND deemed ineligible to participate in competitions the following week.

Step 4 If a student appears on the eligibility list for three (3) consecutive weeks in the same subject area, they must attend four (4) days of 3 to 5 After School Tutoring Program AND deemed ineligible to participate in practice and competitions the following week.

Step 5 If a student appears on the eligibility list for four (4) consecutive weeks in the same subject area, they will be removed from the team for the remainder of the season. They must continue attending the 3 to 5 After School Tutoring Program until the grade improves to passing. The student cannot participate in any conditioning or preseason practices with another sport until the grade becomes a passing mark.

Middle School Steps:

Step 1 Any student that appears on the eligibility list with a failing grade in a full credit course, will be placed on WARNING Status and would be required to seek academic assistance in the failing subject area.

Step 2 Any student that appears on the eligibility list with a failing grade in a full credit course, must attend two (2) days of Academic Study Hall the following week.

Step 3 If a student appears on the eligibility list for two (2) consecutive weeks in the same subject area, they must attend two (2) days of Academic Study Hall AND deemed ineligible to participate in competitions the following week.

Step 4 If a student appears on the eligibility list for three (3) consecutive weeks in the same subject area, they must attend two (2) days of Academic Study Hall AND deemed ineligible to participate in practice and competitions the following week.

Step 5 If a student appears on the eligibility list for four (4) consecutive weeks in the same subject area, they will be removed from the team for the remainder of the season. They must continue attending the Academic Study Hall until the grade improves to passing. The student cannot participate in any conditioning or preseason practices with another sport until the grade becomes a passing mark.

The following week will begin on the Sunday and run through Saturday following the day of the eligibility being checked.

Example:

If a student has a failing grade on Friday the 1st, the following week would run from Sunday the 3rd through Saturday the 9th

Outside Participation-

A student will lose their eligibility in a sport for the remainder of the season if, while a member of their high school team they participate in an athletic contest as an individual or a member of another team in the sport during the same season, unless the school principal waives this rule by sending an appropriate letter to the P.I.A.A.

All Star Contests-

A student will lose their eligibility in a sport for one year if they participate in an all-star contest in that sport.

Transfers-

A student cannot transfer from one school to another in whole or in part for athletic purpose. Students who transfer for athletic purposes or if they have been recruited will lose their eligibility for one year.

*All students who transfer into the Chartiers Valley School District must check with the Principal or Athletic Director before they begin to participate with a team in order to verify their eligibility for interscholastic athletics.

ELIGIBILITY REQUIREMENTS IN ORDER TO OBTAIN AN ATHLETIC SCHOLARSHIP AT AN NCAA COLLEGE OR UNIVERSITY

The NCAA has established a set of requirements a student athlete must meet in order to obtain an athletic scholarship at a Division I or a Division II school. The student athlete must also be registered with the NCAA Initial-Eligibility Clearinghouse.

Information concerning the academic requirements and registration with the clearinghouse can be obtained from the student's guidance counselor, the head coach or from the Athletic Director.

EQUIPMENT/UNIFORMS

All student athletes are responsible for the uniforms and equipment that are issued to them. Student athletes are responsible to take care of and maintain these supplies. **At no time should a student athlete loan their school issued equipment and/or uniforms to other members of the team.** If a student does loan supplies to another student, **they are still responsible for those supplies** and they must turn those

supplies in at the end of the season. If a student athlete does not return all uniforms and equipment that was issued to them, they will be charged the replacement cost. The student's grade card will be held until the supplies are returned or the replacement cost is paid.

HAZING

The Chartiers Valley School District has established a policy regarding hazing. The purpose of the policy is to maintain a safe, positive environment for students and staff that is free from hazing. Hazing activities of any type are inconsistent with the educational goals of the District and are prohibited at all times.

Hazing is defined as any activity that recklessly or intentionally endangers the mental health, the physical health or safety of a student for the purpose of initiation or membership in or affiliation with any athletic program recognized by the School District.

Endanger of the physical health shall include, but not be limited to, any brutality of a physical nature, such as: whipping, beating, branding, forced calisthenics, exposure to the elements, forced consumption of any food, alcoholic beverage, drug or controlled substance, or any other forced physical activity that could adversely affect the safety of the individual.

Endanger of the mental health shall also include any activity that would subject an individual to extreme mental stress, such as: sleep deprivation, forced prolonged exclusion from social contact, forced conduct which would result in extreme embarrassment, or any other forced activity which would adversely affect the mental health or dignity of the individual.

The School District will investigate all complaints of hazing and will administer appropriate discipline to any individual that is involved in hazing another student or students.

If a student believes that she or he has been subject to hazing, the student should promptly report the incident to the head coach of that sport.

INSURANCE

The Chartiers Valley School District requires the parents or guardians of all school district student athletes have adequate insurance coverage in order for that student to be able to participate in a school district interscholastic athletic program.

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The Chartiers Valley School Board has authorized the sale of accident insurance to students. The program is voluntary and paid for by parents wishing to purchase the insurance coverage. Insurance applications with further information can be obtained by calling the School District's Business Office at 412-429-2210

The parent or guardian of a student athlete must document on the Athletic Physical Form the type of insurance coverage they have for their child.

LOCKERS

A student participating in the athletic program may be assigned a locker by their coach. If a student is assigned a locker and if the student places clothes, books or any other valuable item in the locker; it is the responsibility of the student to make sure the locker is locked at all times. The student must supply the lock.

MEDICAL RELEASE

If a student athlete sees a medical doctor for an injury, the student athlete must obtain a **written medical release**, signed by the physician, in order to be able to resume participation in the athletic program. The student athlete **will not** be permitted to resume participation in the athletic program until the written release is turned into the Athletic

Trainer or the head coach. The Chartiers Valley School District **will not** permit the parent or guardian of the student to write a release granting permission for the student to resume participation.

PARTICIPATION RULES

In order to participate in an interscholastic sport at Chartiers Valley all participants must adhere to the following rules:

1. The school administration may revoke the privilege of participating in athletics at any time for disciplinary reasons, flagrant misconduct or poor sportsmanship, excessive absenteeism, and failure to meet minimum eligibility requirements.
2. Any student participating in athletics at Chartiers Valley must meet all eligibility requirements of the Pennsylvania Interscholastic Athletic Association.
3. A student must be present at least one-half day in school in order to participate in a practice or contest that day. The cut-off time is **11:00 a.m.** There will be no exceptions to this policy without the prior approval of the Building Principal.
4. It is the responsibility of the student athlete to **know** the rules, regulations, guidelines and practice/game times and practice locations of the team in which they are the participant
5. It is the responsibility of the student athlete to **notify** the head coach, well ahead of time, if there is a conflict or problem that will cause them to miss a practice and/or game.
6. Any student who is in internal suspension or external suspension **cannot practice or participate in a contest that day.** The student is not permitted to be on school grounds during the suspension.
7. A student that has detention the day of a practice or contest may participate in a practice or contest as long as the head coach grants permission.
8. Athletes may choose the sport in which they wish to enjoy, but once the season has started no one shall change sports without the consent of each coach involved.
9. No athlete who is dropped from one squad for disciplinary reason shall be eligible to compete in another sport for that particular season.
10. Athletes cut from one sport may try out for another sport providing they were not cut from the first sport for disciplinary reasons. They also have to report to the new sport immediately.
11. No student may come out for a sport after the first cut has been made. The only exception to this would be if they were moving from another sport in which they have been cut.
12. No student may come out for a sport after the first scrimmage or regular season contest in that sport.
10. A student who comes out late for a sport must pay a make-up penalty.
11. No athlete may start another sport until the previous one has been completed.

12. No student may participate in any type of conditioning program, camp clinic, and/or open gym for any out of season athletic program while currently participating in a recognized high school athletic program without the prior consent of both the head coach of the sport they are currently participating in and the out of season head coach.
13. In order to participate in an interscholastic athletic program at Chartiers Valley High School the following forms **must be turned in prior to the start of the season:**
 - A. **Physical Form**-signed by both parent/guardian and medical doctor.
 - B. **Safety Form** – signed by both parents/guardian and student.
 - C. **Student/Parent Handbook Sheet** – signed by both parent/guardian and student.

PHYSICALS FOR INTERSCHOLASTIC ATHLETICS

The Pennsylvania Interscholastic Athletic Association requires that all students participating in an interscholastic athletic program must receive a physical examination from a doctor. Physicals for the upcoming school year must be given and dated after June 1. A student completing a Comprehensive Initial Pre-Participation Physical Evaluation need not have a re-certification for a period of twelve (12) months, unless the student suffers a serious illness or injury within those twelve (12) months.

The physician doing the examination must fill out and sign the Chartiers Valley Athletic Physical Form. The District **cannot** accept any other documentation as proof of a physical.

It is the policy of the Chartiers Valley School District that the parent(s) or guardian(s) of students participating in interscholastic athletics or extracurricular activities requiring a physical examination will be responsible for the scheduling and the costs of the physical examination.

PRACTICES

1. All students are expected to attend **all scheduled practices.**
2. High School practices are usually scheduled after school. There may be a practice scheduled during the evening or a Saturday or Sunday. The head coach will notify the participants when practices will be held.
3. If a student cannot attend a practice, **it is the responsibility of the student athlete to notify the head coach well ahead of time.**
4. Failure to attend scheduled practices can affect a student athlete's playing time in games and could result in disciplinary action.
5. No practice arrangements, formal or informal, are permitted without the presence of supervisory coaching personnel.

SQUAD SELECTION

It is the philosophy of the Chartiers Valley School District that as many students as possible participate in the Interscholastic Athletic Program.

The School District is aware the number of participants in a sport may have to be reduced. We require the coaches to follow the following philosophy for each level in Accordance with District Policy No. 123:

- MS: Introduction to sport, everyone contributes equally, winning is not the main focus.
- Freshman: Development of sport skills, attitude and effort are emphasized, everyone contributes, playing time is relatively equal.
- JV: Enhanced sport skills, enhanced competition, skill development is emphasized, everyone contributes, playing time may slightly favor more skilled athletes who demonstrate proper attitude.
- Varsity: Mastery of sport skills, competitive, emphasis on how to succeed (through skills, effort, team), everyone contributes but contribution may be limited to practice as playing time will favor more skilled athletes who demonstrate proper attitude.

Coaches are encouraged to maximize the opportunities for the students without diluting the quality of the program. Time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport. With this in mind, the policy at the High School level is:

- The philosophy of the School District is to have as broad of participation as possible.
- If coaches determine it is necessary to have try-outs; the coaching staff will inform the student athletes of this when the students initially sign up for the sport and/or at the beginning of practice.
- Parents will be notified of the tryouts before they begin.
- Choosing the members of athletic squads is the sole responsibility of the coaches of those squads.

SPORTSMANSHIP

Sportsmanship is one of the most important values that can be taught through participation in an interscholastic athletic program. It is the collective responsibilities of the school administration, the coaching staff, the parents and the fans, to teach and promote the principles of good sportsmanship to the student athletes. It is the goal of the Chartiers Valley Athletic Program to consistently strive to demonstrate outstanding sportsmanship in all the athletic contests.

The student athletes, the coaches, the parents, and the fans are the spokespersons for our school when they participate or attend an athletic contest. The actions of these people are viewed by the opposing fans, the local community and the media. A display of good sportsmanship will show the most positive things about the school

The Pennsylvania Interscholastic Athletic Association has put into effect the following rule to signify the importance the State Association puts on good sportsmanship. This rule will apply to all students who participate in a Chartiers Valley High School interscholastic athletic contest.

ANY COACH OR CONTESTANT EJECTED FROM AN INTERSCHOLASTIC ATHLETIC CONTEST BY A PIAA-REGISTERED OFFICIAL IN THAT SPORT FOR UNSPORTSMANLIKE CONDUCT OR FLAGRANT MISCONDUCT SHALL BE DISQUALIFIED FROM COACHING OR PARTICIPATING IN THE NEXT CONTEST AT THE SAME LEVEL.

The Chartiers Valley School District reserves the right to impose additional penalties if they feel the actions of the coach or contest warrant it.

STERIODS

The use of anabolic steroids, except for a valid medical purpose, by any student involved in school-related athletics is prohibited. Body building, muscle enhancement, increasing muscle bulk or strength or the enhancement of athletic ability are not valid medical purposes.

Human Growth Hormone (HGH) shall not be included as an anabolic steroid.

The following minimum penalties are prescribed for any student found in violation of this regulation.

1. For a first violation, suspension from school athletics for the remainder of the season.
2. For a second violation, suspension from school athletics for the remainder of the season and for the following season.
3. For a third violation, permanent suspension from school athletics.

TRANSPORTATION

1. The District will supply transportation to and from away contests. All students are **required** to go on the school bus **to** and **from** away contests.
2. The District supplies athletic activity buses to transport students home on weekdays after school practices. The head coach will inform the student athletes the time the buses will depart from the school.
3. If for some reason, a student cannot ride the bus back to the school after a game, the parent of the student must submit the **Student Travel Release Form** to the Athletic Office by 9:00 a.m. on the day of the scheduled event. The Student Travel Release Form is available in the Athletic Office and on the School District web site.
4. Due to the fact that home and away games may be over after the activity buses depart, it may be the responsibility of the parents to supply transportation home for their child after these athletic contests.

EXIT INTERVIEW

Each Senior Student-Athlete will have an opportunity to evaluate the program that she/he has participated in. The survey will be established by the Athletic Director and provided to each senior student-athlete. This information will remain confidential and be used by the Athletic Director and Central Office Administration to make improvements if necessary to the program.

ATHLETIC INFORMATION

By calling the **Athletic Department Information Line at 412-429-2247**, you can obtain information on current interscholastic athletic schedules, directions and starting times for home and away games, matches and meets or go to www.highschoolsports.net for up to the minute sports information You may also access the Chartiers Valley web site at www.cvsd.net. If you have any questions regarding the Interscholastic Athletic Programs at Chartiers Valley, do not hesitate to call the Athletic Department at 412-429-2244.

Additional Phone Numbers

Training Room – 412.429.2238

Pool - 412.429.2260

Stadium – 412.429.2260

Chartiers Valley High School Athletic Handbook

*We have read and we understand the rules, regulations and policies that are contained in the **Chartiers Valley High School Athletic Handbook** and also the material that may have been included by the head coach of the sport.*

Sport _____

Athlete's Name (please print) _____

Athlete's Signature _____ *Date* _____

Parent's/Guardian's Signature _____ *Date* _____

