

a5 Ways to make kids safer



At Home

- 1. Teach children their full name, address and home telephone number. Make sure they know your full name and how to reach you at work or on your cellphone.
- Teach children how and when to call 911, and make sure they have a trusted adult to call if they're scared or have an emergency.
- 3. Instruct children to keep doors locked and not to open doors to talk to anyone when they are home alone.
- 4. Choose babysitters with care. Ask children about their experiences and listen carefully to their responses.

Out and About

- Walk or drive the route to and from school with children, pointing out landmarks and safe places to go if they need help.
- 6. Remind children not to play alone outside, to take a friend whenever they walk or bike to school and to stay with a group when going on outings.
- 7. Take children on a walking tour of the neighborhood. Tell them whose homes they may visit without you.
- **8.** Teach children to ask permission before leaving home.

- 9. Remind children it is **OK** to say no to anything making them feel scared, uncomfortable or confused. Teach children to tell you if anything or anyone makes them feel this way.
- 10. Teach children to never approach a vehicle, occupied or not, unless they are accompanied by a parent or other trusted adult.
- **11.** Caution children never to accept a ride from anyone unless you have told them it is **OK** to do so in each instance.
- **12.** Teach children to check in with you if there is a change of plans.
- **13.** Establish a central, easy-to-locate spot during family outings to meet should you get separated.
- **14.** Teach children how to locate help in public places. Identify people they can ask for help such as uniformed law enforcement/security guards and store clerks with nametags.
- **15.** Help children learn to recognize and avoid potential risks so they can address them if they happen.
- 16. Teach children if anyone tries to grab them, they should make a scene and make every effort to get away by kicking, screaming and resisting.

17. Continually dialogue with children about online safety.

Online

- **18.** Keep the computer in a high-traffic area of your home. Monitor and establish rules concerning your child's online activities and cellphone use.
- **19.** Be aware of the type of access your child has to the Internet at school, libraries or friends' homes.
- 20. Surf the Internet with your children and let them show you what they like to do online.
- 21. Know who is connecting with your children online and set limits for online communications including social networking, instant messaging, emailing, online gaming and using webcams.
- 22. Use privacy settings on social networking sites to limit contact with unknown users, and make sure their screen names do not reveal too much information.
- 23. Caution children not to post revealing information or inappropriate photos of themselves or their friends online.
- 24. Encourage children to tell you if anything they encounter online makes them feel sad, scared or confused.
- **25.** Learn about the Internet. Visit **www.NetSmartz.org** for more information about Internet safety.





To learn more about child safety, visit

Take25.org

